

慈悲关怀服务会主办  
*Organised by Kasih Hospice Care Society*

# *Living Well, Dying Well*

Talk by Dr. Lai Chiu Nan

雷久南博士 主讲

Date 日期 : 4th June 2010 (Sat)  
Time 時間 : 7:30pm-9:30pm  
Venue 地點 : Dewan Sivik MBPJ  
Jalan Yong Shook Lin, PJ  
Language 媒介語 : English 英語  
Enquiries 詢問 : 03-7960 7424

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Dr. Lai obtained her doctoral degree in Chemistry from the Massachusetts Institute of Technology. She then researched the prevention and cure for cancer in one of the top three ranking cancer hospitals in the U.S., M. D. Anderson Cancer Center, University of Texas for ten years. During this period, she realised the limitations of the modern Western medical approach to cancer. She resigned from her well-paid job to return to her Oriental roots in search of the meaning of life and the true principles of health.

Through years of study and research in the East-West models of healing, Dr. Lai realized that true well-being encompasses body, mind and spirit healing. This holistic principle was intrinsic to the Eastern philosophy of health but was gradually forgotten due to the influence of Western medicine. In 1991 she founded Lapis Lazuli Light, a holistic health education and information centre in the United States. Currently, there are centres in Taiwan, Singapore, Malaysia, Australia, New Zealand and the United States.



Dr. Lai Chiu Nan